

NOVEMBER, 2007

INSIDE THIS ISSUE:

RAY'S MESSAGE	2
ASK DR. DONNA	
OCTOBER RANK ADVANCEMENTS	3
FROM THE FIELD	4
OCTOBER TOP TEN	
GEORGE: CAREER PHASES, PART II	5
JOHN: REPORT ON CIRCUMNAVIGATION	6
SAN CLEMENTE UPDATE	
CHRISTIAN: MORE IS BETTER	7
STEMTECH AROUND THE WORLD	
RENEWAL	8

HEALTHLINK

Editor
Bonnie Goldfein

HealthLink is a copyrighted publication of STEMTech HealthSciences, Inc. For permission to reprint articles from this newsletter, STEMTech Distributors may contact the Editor at STEMTech Corporate Offices, 1011 Calle Amanecer, San Clemente, CA 92673, or contact via e-mail at editor@stemtechhealth.com.

GIVE YOUR BUSINESS A HOLIDAY GIFT

We all know that the best "gift" you can give yourself is optimal health, of course. But what are the best gifts to give your **business** this holiday season? **STEMTech Sales Aids!**

STEMTech provides you with not only the best nutritional supplement for optimal health, but also a full range of computer-based and print sales aids AND some very stylish STEMTech casual attire, too. All of these tools are perfect gifts for you or for a distributor on your team.

WEB-BASED SALES AIDS

WealthBuilders System is available for a monthly fee of only **\$19.95*** for Business Builders (*regular price \$29.95**). It is the "do-it-all" high-tech aid for your business needs. Send prospects to your WealthBuilders website to learn about our products and opportunity. With WealthBuilders, you also have an auto-responder email function for visitors to your site, e-blasts for prospects, and access to mailing lists (for purchase). Recruiting is as easy as pie with this valuable tool.

Teamstemtech.com is **FREE**, a gift you can have merely by signing up to join the team. Once you are a teamstemtech member, you have access to the **Proven 4-Step System** and its **Action Planning Session and Workbook**, as well as to streaming videos, success sto-

ries from STEMTech leaders, Event photos, and STEMTech updates.

COMMUNICATION TOOL

TeleCenter is a communication tool that provides you with a personal flat-rate toll-free number, your own presentation-on-demand system for incoming calls from prospects, and the pre-loaded **Proven 4-Step System** for recruiting. But that's not all... For the monthly service charge of only **\$29.95***, you also get unlimited inbound calls, a real bargain rate for outbound services, and more than **35** other features. Learn more about TeleCenter at the teamstemtech.com website.



SAMPLE PAKS

Everybody loves samples! Carry **StemEnhance** and **StemPets** **sample paks** with you wherever you go, and generate interest in our products and opportunity. Samples are an inexpensive way to invite prospects to try STEMTech products. Buy them by the case for the best value.

* They are FREE when you enroll others to use these systems!



DVDs and BROCHURES

Whether your prospects prefer to watch a DVD or "read all about it," STEMTech has just what they want. When you hand a prospect *The StemEnhance Story* or *The STEMTech Story* DVD, a product brochure and your business card, you make a great first impression. These are very professional sales aids! Always have an inventory of DVDs on hand, and get in a supply of brochures (now available in **five** languages) to build your local and international business.

BANNERS

Nothing says "This is a meeting I should attend" like a **STEMTech Banner** displayed to greet your guests. For only **\$50**, you can have an eye-catching attraction at all your gatherings.

STEMTECH ATTIRE

You can be a very stylish "walking advertisement" for your business in a STEMTech golf shirt, available in tan or black for men and women. It's

Continued. See GIFT on page 4.

RETAIL TOLL-FREE LINE: 1-888-STEMTEC (1-888-783-6832)

OUR GROWTH CONTINUES! *by Ray C. Carter, Jr.*

October was yet another record-breaking month here at STEMTech, thanks in part to the marketing tools featured in our cover story, all of which have been designed to help you grow your business. I encourage each of you to review, understand and implement as many of these tools as possible. They will help you turn the key to success, by making it simple to integrate your STEMTech business into your daily activities and assisting you to expose others to our story everyday.

As we enter November, we pass another milestone... our **two-year anniversary**. Look for a special article to

commemorate this milestone in our upcoming *Winter HealthSpan Magazine*. Can it really be only two years since we introduced StemEnhance and the STEMTech opportunity to that first group? Less than **800 days** later, we are in five countries on three continents. Imagine what the future holds!

We know you are as eager as we are to see STEMTech grow overseas, just as it has grown so quickly in North America. Make sure you check out the dates and times of the newly established conference calls and regional events for the United Kingdom and South Africa. The momentum in both these

markets started strong and continues to mount, as people become excited about our one-of-a-kind product and outstanding business opportunity. Thanks to our international websites, each one of you can be part of our global business building. The UK and South Africa (and soon Malaysia) are only a few clicks away.

Here at home, the U.S., Canada and Mexico continue strong growth established in those markets as well. We also look forward to the official opening of our Canada office and distribution facility.

Once again our **Top Ten** sees the "Fab Five" States holding on to their slots, and

the Canadian Provinces continue to take turns... as Alberta returns to the list after two months away. Can Missouri, Arizona, New York or Puerto Rico break into the top five next month? Can a surge of business in *your* state earn you a Top Ten slot? Will we see *two* Canadian Provinces on the November list? Stay tuned!

Have a safe and happy Holiday Season, and remember... our **2nd Annual Convention** is just around the corner!



ASK DR. DONNA

by Donna Antarr, M.D., VP/Training and Product Development

When people who want to take StemEnhance are also taking Coumadin™ (brand name for Warfarin), what information should they give their physician?

People on Warfarin are usually advised by their prescribing physician to pay attention to the amount of vitamin K in their diet. Like other foods, StemEnhance contains naturally occurring vitamin K. So taking StemEnhance would be just like eating a food with vitamin K... like broccoli or spinach. The Recommended Daily Allowance (RDA) of vitamin K is 80 mcgs. Therefore, all Warfarin patients need to do is to let their physicians know that two capsules of StemEnhance have approximately 40 mcgs of vitamin K, half the RDA for vitamin K. Physicians can then adjust each patient's treatment with warfarin to accommodate the daily supplement of StemEnhance.

To put these RDA amounts into perspective, here are a couple of vitamin K foods for comparison: One cup of raw, chopped broccoli has about 110% of the daily RDA (or 88 mcg) of vitamin K. Half a cup of fresh spinach, boiled, has about 560% of the RDA (or 3,584 mcgs) of vitamin K. The reason our StemEnhance FAQ's note that two capsules contain "approximately 40 mcgs" is because the vitamin K is not added synthetically but is naturally occurring in the AFA. Since it is the same with broccoli and spinach, the amounts listed in the FAQ's say "about" the number of mcgs shown.

Does StemEnhance contain iodine?

Most people think that all algae are a significant source of iodine. This is not the case with the freshwater algae *aphanizomenon flos-aquae* (AFA). The RDA of iodine is

150 mcg. AFA has an extremely small amount of iodine, only 0.39 mcg per gram. Marine algae and seaweed, by contrast, are significant sources of iodine. For example, one gram of kelp of the species *Laminaria digitata* contains approximately 5000 mcg of iodine. Iodized salt (like Morton's) contains 100 mcg of iodine per gram, so one teaspoon of iodized salt contains 400 mcg of iodine. Two other examples of foods that contain iodine are: one slice of bread (6 mcg of iodine) and one medium egg (14 mcg of iodine).

Iodine plays a major role in health, especially in thyroid health. Since StemEnhance is not a significant source of iodine, you will need to get your 150 mcg of the daily RDA of iodine from other areas of your diet (including saltwater fish). An iodine deficiency is characterized by an enlarged thyroid gland (goiter), low thyroid hormone

level and hypothyroidism. Other symptoms of iodine deficiency and thyroid problems may include fatigue, dry skin, an increase in blood fats, voice hoarseness, slow reflexes and poor mental clarity. Your physician can advise you about the best ways to avoid iodine deficiency.



Send your questions for Dr. Donna and Christian to the HealthLink Editor via email to: editor@stemtechhealth.com.

FREE DOWNLOAD!

Christian Drapeau's published article on clinical studies with StemEnhance
Go to www.stemtechbiz.com



CONGRATULATIONS TO OCTOBER ADVANCEMENTS!

**STEMGEM ADVANCES
& NEW STEMGEMS!****New Triple Diamonds**

Sage Daily
Royden Riettie
Juan-Antonio Garza-Quintanilla

New Double Diamond

Ann and Dwight Quaschnick

New Diamonds

Verne Eaton
Paul Gionet
Bruce Melmer
Patricia Pastor
Mary Ruth Swope
Kathryn Upchurch

New Ruby Directors

Frank & Jan Condon
Eleanor Cullen
Patricia Gory
Jean-Paul Lavoie
Irene Masci
Ted Theodoropoulos
Native Marketing Group
John Wiskur

New Sapphire Directors

Luz Iraida Andujar-Rosado
Charlotte Bates
Bates-Swope Enterprises
Sean Devlin
Olympia Kallman
Christine Rucker
Juan-Jaime Suarez-Silva
Roger N. Trubey
Arlene Woolcox

New Executive Directors

Carolyn Bates
Daniel C. Brawn
Carol Gunnels
Meredith Hawk, *Overseer of A.L.F.E.*
Linda Hoggard
Dan Lovelace
Michael Martinez
Samuel Reid
Jose-Santos Salinas-Gonzalez
Robert Thompson
Stephen Windscheffel

New Senior Directors

Ana Maria Barrigan Guerra
Charles Bates
Martine Beaudoin
Therese Bessette
Denise Brown
Daniel Cartwright
Vita Health Wealth
Alex Chungo Chi
Bill Clark
Vicente deGorostiza
Collin L. Dover
T.J. Dowdy
Douglas Evans
Beth Faircloth
Maria-Josefina Gomez-Prieto
Pat & Jim Hall
Esmeralda Hillario
June Johnson
Mary & Donald Kish
Sriwong Koziel
Evette Lawton
Carla Loggains
Holly Masterson
Denise Matteau
Anne McCabe
Paul McCarthy
Tyrone Medina
Jose-Luis Moreno-Tamez
Karin Morton
Margaret Munro
Rebecca Nelson
Stem Cell Miracles
Sebastian Osuna
Zela R. Padon
Paul Pastor
Michael Polski
Robert Rand
Emma Richter
Della Sams
Windell Scammon
Lena Schultz
Sher Smith
Jacki Smith
Leonard M. Snider
Dick Trigg
Carlos Welty
Dawn Weverstad
Elizabeth Wilson
Frances Wilson
Eddie Wynn

New Directors

Wendy Lo (*missed on August list*)
Anita Aamot
Deborah Anderson
Rosa Maria Andrade-Martinez
Stanley Autrey
Ralph P. Bailey
Tarisa Bellamy
Richard Bily
Marylin Boecher
June Boucaud
Lise Bouchard
Dolores Briones-Padron
Charlie Brown
Ellen Brown
L. Budde
Indigo Green
Richard Bystrzynski
David Cariker
Kelly Cartwright
Joann Chi
Lee Sok Chua
Warren Clough
Johnni Comacho
Nicholas Comas
Jeanette Conley
Richard H. Converse
Karen Crocker
Rosa-Elva Davila-Solis
Angel Luis DeLeon
Dave Erickson
D E Enterprises
Darren Ewasiuk
Family Enrichment Resources
Richard Foos
Mildred Foster
Dianne Freeze
Charlene Friesen
Gerald G. Frost
Blanca Esthela Gamez-Urbina
Oscar Garcia-Mata
Carole Gardner
Mauricio-Antonio Garza-Delgado
Juan-Roman Garza-Delgado
Fran Gates
Anthony Godin
Victorino Gomez-Bravo
Joseph Guan
Carole Guth
Diane Hayden
Johnny Henderson

New Directors

Paula Hodgkins
Julie Hollar
Fountain of Health
Sue Highes
Valda Innocent
Marlys Johnson
Nelda Johnson
Khristine Johnson
Oliver Kienholz
Evelyn Kilcullen
Irene Kostenko
Marie-Reine Lacroix
Karen Lanphear
Miguel Maldonado
Alex Martin
Shirley A. Martin
Richard Matwyshen
John Miles
Augusto P. Miranda
Alvin Mizeur
Mayra Montemayor-Guerra
Christine Nelson
Bernardo Osnorio-Imperial
Beverley Otteson
Kasey Pastor
Mary Peters
Bill Plikerd
William Redmond
Maureen E. Rode
Karen Rose
Alfredo Santos
Kanjana Sapphachot
Ingrid Seegobin
Ian Seitman
Beatrice Sherzer
Michel Smith
Dean Sos
Alvin G. Sullivan
Krongtong Sungkamee
Janet Thew
George Thomas
Loraine Trembath
Roberto-Alfonso Villarreal-Medina
Byron Whitman
Edgar J. Winter
Gay Wydick
Marcia Yager
Rhoda Joy Yoder

HERE'S YOUR SPOT!

FROM THE FIELD *by Triple Diamond Rob Cranston, Champions in Motion*

I love this business because it is simple! The three most important keys to success with STEMTech are: Share the product. Share the product. Share the product!

The way I look at it, a combination of personal development and my passion for helping others achieve their goals and dreams has contributed to my success with STEMTech. Two books that have made an impact in my life are *The Magic of Thinking Big* by David Schwartz and — recently — *The Referral of a Lifetime* by Timothy L. Templeton. I recommend both of these books to all of you, whether you are new to the business or a seasoned veteran.

From the first days in my STEMTech business, I realized that if I wanted to achieve exponential growth and make a massive residual income, I had to **follow a de-**

finied business plan. I developed a “90-day blitz” plan of action, which forced me to apply strict discipline every day, very similar to what a professional athlete does to prepare for competition.

When I implemented my 90-day blitz, my team’s organization, sales volume, and commission checks grew quickly. At the same time, I realized I was achieving tremendous personal growth! The idea that it takes “3-5 years or more to succeed in network marketing” seemed absurdly false to me. This is *my* reality: When I launched my first 90-day game plan, both my personal and group momentum advanced me **five levels** in the STEMTech compensation plan within those ninety days.

People frequently ask me for tips on power prospecting over the phone. Here are ten specific tips that I believe can

bring you tremendous results (as they did for me):

1. Set aside a specific time each day for prospecting calls.
2. Make as many calls as possible.
3. Keep each call brief.
4. Prepare an organized list before starting the calls.
5. Work without interruption.
6. Make calls at different times of the day, as needed for different prospects’ schedules.
7. Stay organized.
8. Establish daily call goals.
9. Don’t stop! Persistence is the KEY.
10. Have FUN and know you are making a difference.

These days, I continue to sponsor consistently on a

weekly basis, filling the pipeline with prospects, and I continue to set 90-day goals for myself. Working the business within 90-day timeframes creates the results I want in terms of time and financial freedom, (which we all deserve). I also express my gratitude everyday to my upline and “success lines” (some call them “downlines”). I am so appreciative of their continued support and belief in me.



GIFT *continued from page 1*

easy to go “business casual” in these top-quality shirts, and the full-color STEMTech logo makes a very professional statement. Add a STEMTech ball cap when you’re out on the golf course or at the kids’ soccer games, and you’ll look just right!

All of these Sales Aids, as well as others — *HealthSpan* magazines, **CARE** brochures, the **Distributor Business Suite**, and business forms, for example — are available NOW in your **Back Office**. Just click on “My Ordering” for the complete list, and order yourself a holiday gift that will literally “keep on giving” as you build your business.

And here’s another idea: How about thanking hard-working people in your organization with a gift of STEMTech Sales Aids this season? Give them a good start on building for success in 2008!

TOP TEN STATES, TERRITORIES & PROVINCES

OCTOBER

First Place	California (1)
Second Place	Florida (2)
Third Place	Texas (3)
Fourth Place	Minnesota (4)
Fifth Place	Washington (5)
Sixth Place	Missouri (7)
Seventh Place	Arizona (8)
Eighth Place	New York (6)
Ninth Place	Puerto Rico (10)
Tenth Place	Alberta (-)



Previous month’s ranking shown in parentheses.

Congratulations again to the “**Fab Five**” States, who maintain their grip on the first five slots. **Welcome back** to the Province of **Alberta**, in the Top Ten again after two months away.

PHASES OF YOUR STEMTECH CAREER *by George Antarr, VP/North American Markets*

This month we will look at the second part of the four phases of your STEMTech career. In the last article, I laid out how your business will stagnate if you lose your focus on Phase One, the "production phase," in which you enroll product users and business builders. This month I want to help you avoid this problem.

A common pitfall is to let the training of your new distributors distract you from your focus on Phase One. Now, of course you need to be a responsible upline and train your new business builders; so how do you balance staying in Phase One and still be a responsible upline who provides training and support?

I have seen people who have been training on the same topics with the same individuals for months. That is not how you establish momentum! You want to get momentum going quickly. Remember... your group will go as fast or as slowly as you do. If you become a director in your first month, you'll be surprised how many of your distributors will follow that same time frame. When you have momentum, everything becomes much easier.

Effective training and support are simple when you

have systems and tools to help you. To assist you in building momentum and to ensure that you avoid wasting time and energy, we have created the new site www.teamstemtech.com, where you will find *The STEM-Tech Proven 4-Step System Action Planning Session™*. This Session includes instructions for the new distributor, as well as for the enroller.

Here's what you do: Have your new business builders complete their part of the Session, and schedule a time to get together in person or over the phone. A tip: Don't waste your time and theirs by getting together before they have done their part. When you use the Action Planning Session, you will find out if your new distributors are coachable and if they are seriously willing to invest the time and money it will take to create the financial freedom that the STEM-Tech business offers them.

With the 4-Step's Action Planning Session, you will be able to support and train your new business builders effectively without taking your focus off the very important production phase. And here is a bonus: When your organization is trained correctly, they will call you with appropriate questions, in-

stead of ones that waste time for both of you (such as questions that are addressed and answered in the Action Planning Session).

Treat STEMTech as a serious business and develop a long-term viewpoint, where you establish a rhythm of enrolling and training distributors effectively, then supporting their efforts as you build your organization. **Keep it simple and duplicable by using the Proven 4-Step System** and the tools that go with it. Keep in mind that the results of the work you are doing this month will show up next month. Your efforts this year will determine your income over the next few years. Once you get your personal momentum going, you can keep it going week after week, month after month, and year after year.

A warning: You cannot live on last month's production! It is up to you to take responsibility to establish rhythm and build and maintain momentum. To make your business grow and flourish, you need to set the example, developing Directors, Sapphires, BMW-earners, Diamond Dream Getaway winners and Convention contest winners in your organization. How can you do all this? Be the example! (When will

YOU be driving a STEMTech-wrapped BMW to local and regional events?)

We are all in the right place at the right time, but that does not mean you will automatically become the next Triple Diamond. You still have to work for it. Maintain a positive attitude about what you can accomplish. Envision each of your goals as your reality. And always remember... The friendships you will build and the income you will earn are worth every hour of the time you put into your STEMTech business.

Go for it... You will be glad you did!

NOTICE

Small price & BV increases will take effect on Jan. 1, 2008 for Stem-Enhance (SE) in the U.S. and Canada **ONLY**. New pricing is:

Single SE **\$46.95** (BV 41.95)

SE Case **\$41.95** / bottle (BV 41.95)

SE AutoShip **\$41.95**/ bottle (BV 41.95)

No change in pricing for RETAIL purchases OR for other STHS products, FastStart, ProPaks or LeaderPaks.

Our First Annual STEMTech Convention was awesome, but...

THE SECOND ANNUAL CONVENTION

will blow you away!

Hyatt Regency Orange County

April 25-27, 2008

PUT YOURSELF IN THE PICTURE! Register online today.



CIRCUMNAVIGATING *by John W. Meyer, VP/Operations*

This month Ray Carter, Christian Drapeau and I went around the world to assist our global Vice Presidents with the set-up of operations in the United Kingdom and South Africa, and with preparations for launching operations in Malaysia. Traveling with us to London and Johannesburg were our IT Director George Tashjian and Distributor Services Manager Brienne Rogers, who made sure that our off-shore service levels are up to our San Clemente standards.

I want to let you know that **VP Andy Goodwin** has things moving along nicely in the UK, where our headquarters is in the shadow of Tower Bridge. We held a very successful Pre-Launch at the Cumberland Hotel, which is near the Marble Arch and Buckingham Palace. South African **VP Errol Lester** and his Johannesburg team are also enjoying great momentum after successful Pre-Launch meetings in Pretoria, Port Elizabeth, Durban and Capetown.

In Kuala Lumpur, Malaysia, Asia **VP Jonathan Lim** worked with Ray, Christian and me on pre-opening issues. Our Pre-Launch in Malaysia is coming.

Over 24 days, we traveled from San Clemente to London, then to Johannesburg, South Africa, and on to Kuala Lumpur, Malaysia, before returning to California. It was quite an adventure!

Here's a geography question for you:

How many air miles did I accumulate on our round-the-globe trip?

- A. 18,550
- B. 25,452
- C. 43,026
- D. 60,769



Our trips to other nations have made it clear: The world is out there waiting for StemEnhance! And we are dedicated to delivering it ASAP.

Answer: B

FROM SAN CLEMENTE *by Brienne Rogers and the Distributor Services Team*

As we all prepare to enter the busy Holiday Season, we send our best wishes to you from sunny San Clemente. We hope your holidays will be fun-filled and that you are looking forward to ending 2007 with your business goals for the year met or exceeded. We in Distributor Services are at your service every business day to assist you as you work to build your successful business.

These are this month's tips to help you:

- All Independent Distributor applications must be submitted in one of three ways: online, faxed (949-542-8617) or mailed to us at 1011 Calle Amanecer, San Clemente, CA 92673. Please make sure that the document submitted into Distributor Services is the **company-approved Independent**

Distributor Application and Agreement, fully completed. If the new Distributor has an email address, we will send him or her a Welcome email immediately upon our receipt of an online application. This Welcome email provides Distributors with their ID#, as well as their personal website address (if purchased), username and password for the Back Office.

- When you email Distributor Services, please include your ID# and first and last name at the beginning of your message. We will respond to your email request within one business day. Note: If you have emailed DS, you do not need to call us about the same situation.
- When ordering online, please verify all informa-

tion, such as the bill-to address and ship-to address. Make sure to verify the shipping method as well. Standard shipping charges are for USPS and UPS Ground. If you prefer faster delivery, please update the shipping method before submitting the order.

- Our toll-free RETAIL line is (888) STEMTEC. Please let your retail customers know they can purchase over the phone by dialing (888) 783-6832. This toll-free line is for retail customers ONLY.
- Good news! Animal products are now available on AutoShip. You can create an AutoShip order in your Back Office or by contacting us at Distributor Services.
- All AutoShip orders for three or fewer bottles will

be shipped via USPS. Larger AutoShip orders will ship via UPS Ground.

- We strongly encourage all Distributors to go on direct deposit for the receipt of commission checks from STEMTECH. If, however, you choose to have your commission checks mailed to you, please verify your mailing address in your Back Office to ensure that your commission check is mailed to the correct address.

We are all very excited about the opening of our offices in the United Kingdom and South Africa. If you have any questions about the UK operation, contact the staff of the London office at dsuk@stemtechhealth.com. To reach the South Africa staff, the email address is dsafrica@stemtechhealth.com.

**Join
the
team!**

Go to www.teamstemtech.com and become part of STEMTECH's state-of-the-art technology to support your business growth. It's only a couple of mouse clicks away, it's completely user-friendly, and it's **FREE!**



WHEN MORE IS BETTER by Christian Drapeau, Chief Science Officer

We know that StemEnhance increases the number of circulating stem cells, but people may wonder... What is the advantage of having more stem cells in one's bloodstream? The simple answer is: This could be one of the greatest strategies for optimal health. Over the past two years, a number of studies have shown that a greater number of circulating stem cells equated to greater cardiovascular health. Let's look at these studies in a little more detail.

In 2001, Vasa *et al* reported that compared to healthy individuals, people with cardiovascular problems had fewer endothelial progenitor cells in their bloodstream. These cells are commonly called EPC's, and are a type of stem cells responsible for the development of new blood vessels. The study also demonstrated that the EPC's isolated from people with cardiovascular problems showed a lesser ability to migrate in tissues. In addition, the Vasa group reported that smokers also had fewer

EPC's in their blood.

In 2004 Schmidt-Lucke *et al* measured the number of EPC's in the bloodstream of 120 individuals (43 controls and 77 individuals at risk for cardiovascular problems), and simply observed these individuals for ten months. At the end of this time, the authors reported that a reduced number of circulating EPC's was linked to a poor prognosis in terms of cardiovascular health.

The next year, in a similar but more extensive study, Werner *et al* measured the number of EPC's in the bloodstream of 519 individuals, and observed these individuals for one year. At the end of the year, the study revealed that the number of circulating EPC's directly correlated to the incidence of cardiovascular events. Overall, the people with more circulating EPC's experienced fewer cardiovascular prob-

lems and, conversely, the people who had fewer EPC's in their blood showed increased incidences of cardiovascular events.

Over the past two years, a number of studies have allowed scientists to understand why more stem cells in the bloodstream equates to greater cardiovascular health. Historically, scientists have believed that new blood vessels are formed from the sprouting of existing capillaries, a process called **angiogenesis**. However, scientists have shown recently that new blood vessels can also be formed from circulating EPC's, a process called **vasculogenesis**, and that in fact, this might be the main mechanism of capillary development.

When a tissue has poor blood circulation, this leads to a lack of oxygen. When a tissue lacks oxygen, it releases compounds that accomplish two specific tasks:

1) attraction of EPC's into the tissue, and 2) conversion of EPC's into capillary cells. Therefore, whenever a tissue is lacking oxygen, a process is triggered whereby circulating stem cells migrate to the tissue and contribute to the development of new capillaries. This leads to greater delivery of oxygen and nutrients, thereby helping the tissue to maintain better health.

When we understand that poor oxygen and insufficient nutrient delivery to organs and tissues are two of the most common underlying causes for a wide variety of health problems, it is clear that increasing the number of circulating stem cells becomes one of the most valuable strategies for maintaining optimal health.



OPPORTUNITY CALL
Tuesdays, 6 pm Pacific time
(218) 486-1400 Passcode 8324#

STEMTECH AROUND THE WORLD

As STEMTech spans the globe, your business can extend from your home office to people half a world away. Begin now to make contacts via the internet, mail or phone and cash in on the exciting **StemEnhance Explosion** around the world. Start **"GOING GLOBAL"** today!





Have you reached this year's business goals? Call a prospect and make it happen!

Presorted
First-Class Mail
U.S Postage Paid
Fullerton CA
Permit # 1958

**STEMTECH
HEALTHSCIENCES, INC.**

1011 Calle Amanecer
San Clemente, CA 92673
Phone: (949) 542-8600
Fax (949) 542-8617

<http://www.stemtechhealth.com>
www.stemtechhealth.biz



H E L P I N G T H E B O D Y T O H E L P I T S E L F

IS IT TIME TO RENEW YOUR DISTRIBUTORSHIP?

Each year on the anniversary date of your enrollment as a STEMTech distributor, you must RENEW your distributorship. The fee for Annual Renewal is US\$25. If you have not arranged for an automatic renewal of your distributorship, it is your responsibility to remit your renewal fee to STEMTech on or before your anniversary date. You may use the coupon below to renew by mail or fax OR contact Distributor Services to renew by phone using a credit card.



Distributor I.D. _____ Enrollment Date _____

Name _____ (DBA) _____

Address _____ City, State, Zip _____

Phone _____ Fax _____ Email Address _____

Payment by () Check () Credit Card _____ Expiration Date _____

Signature _____ Today's Date _____